

Tea, Coffee and Children

It would be difficult for any parent to find a physician of modern education who would contend that coffee and tea are not harmful, especially to growing children.

The fact remains, however, that many parents give these beverages to their little folks and allow their use in older children at a time when physical and mental development is the most rapid.

The drug, caffeine, in coffee and tea retards growth and interferes with school progress. Disturbances of eyesight, headaches, nervousness, irritability, indigestion and other ills appear in many, seemingly without cause, and the damage often occurs at the most impressionable period of life.

No parent should permit the use of coffee and tea in the growing young; for the men and women of tomorrow will be what the parent of today makes the children by wise upbringing.

Children as well as adults need an invigorating, warm drink, and in a growing number of homes it has been found that the most wholesome table beverage is

INSTANT POSTUM

This pure food-drink, made of prime wheat and a bit of wholesome molasses is readily prepared at the table, a cup at a time.

A level teaspoonful of Instant Postum in a cup of hot water, with cream and sugar added, makes an attractive, healthful drink, and its pleasant flavor wins children and usually the parents.

"There's a Reason"

Grocers everywhere sell Instant Postum.

FISHING TACKLE HELP WANTED

All kinds rods repaired promptly. Guns and ammunition, hooks, leaders, etc.

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Several departments in furniture factory
H. T. CUSHMAN CO
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With an established reputation for its exclusiveness and high-class patronage. Thoroughly modern and completely equipped. Courteous service. Bathrooms, with hot and cold, fresh and sea water attachment, etc. Magnificent sun parlors and porches overlooking the board walk and ocean. Orchestra of soloists. Always open. Golf privileges. Illustrated booklet.

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Masons' and Builders' Supplies

ATLAS PORTLAND CEMENT (grey and white)

ADAMS GRANULATED LIME

SACKET PLASTER BOARDS

BELLOWS FALLS and IVORY PULP PLASTER

HYDRATED LIME

PLASTERING HAIR

FIBERLIC WALL BOARD

BEAVER BOARD

PLASTER PARIS

MARBLE DUST

FIRST QUALITY BRICK

Examine our stock and get our prices before placing your order elsewhere.

HENRY M. TUTTLE CO.

PHONE 49

113 DEPOT STREET

BENNINGTON BRIEFS

News of the Town and Village Told Briefly for Easy Readers

Wanted—Girl as saleslady in a general dry goods store. Address Box Y, Banner Office. 65tf

There will be a rehearsal of the full cast of "Old Vermont" in Library hall tonight at 7.30.

At the High school Friday afternoon Rev. George S. Mills will speak on Rupert Brooke and read some of his poems.

Division A of the Congregational church will meet with Mrs. F. B. Pope of West Main street Friday afternoon at 3 o'clock.

The celebrated actor, Cyril Scott, in a five-part masterpiece on capital and labor, "Lords of High Decision" opera house today. Adv.

The regular weekly business meeting of the Woman's Relief Corps will be held Friday evening at 7.30 followed by a card social.

The fourth quarterly meeting of St. Mary's Guild will be held Friday evening after service in the parish house. A full attendance is desired.

At the Methodist Parsonage Wednesday April 26, 1916, James Ashcroft and Laura Emma Barnes both of Troy were joined in marriage by Rev. P. L. Dow.

Several from here will go to Williams college Friday evening to hear a lecture by Bliss Perry, the distinguished writer and critic. The lecture is free.

Louis Hart, who was injured a number of years ago while at work in the Eagle Square factory at South Shaftsbury, is seriously ill at his home in Bradford place.

The W. R. C. card club will be entertained by Mrs. Bertha Rudd and Mrs. Nellie Hollister Friday evening in G. A. R. hall. All members and friends invited.

The most beautiful woman on the screen, Louise Lovely in "The Grip of Jealousy" a lavish production of a beautiful play of the Old South Opera house today. Adv.

The striking needle workers in the spring needle department of the Charles Cooper estate shops who went out a week ago following a refusal of a nine-hour day have nearly all returned to work.

There will be a social meeting of the Y. W. C. tomorrow night. It is hoped that all the members will be present. Come and have a good time and hear what the delegates have to tell about the Troy conference.

Mr. and Mrs. W. B. Walker, have returned to Bennington after spending the winter in St. Petersburg, Florida. For the past two weeks they have been visiting in Brooklyn where they stopped on their way home.

Salmon, white fish, yellow and blue pike, blue fish, sea trout, mackerel, Spanish mackerel, halibut, flounders, carp, eel, the fish, shade, cod, Boston blue, haddock, live and boiled lobsters, oysters and clams at Estes' market Adv.

Miss Helen Frasier entertained a number of her young friends at the home of her parents, Mr. and Mrs. Charles Frasier of North street. The young people played games and otherwise enjoyed themselves until nearly midnight. Refreshments were served.

Mrs. J. B. Drapeau and son Albert, a student of Mount Royal College, Montreal, who have been in Atlantic City for four weeks, arrived in town Tuesday and are the guests of Leon Lammarre and family. They are accompanied by Mrs. Celina Bourret from Troy.

Monday, May 1, will be clean-up day in Bennington when the street department will assist in the residents of the village in clearing away rubbish that has accumulated during the winter. Householders are cautioned that tin cans and other refuse must be placed on the curb early in the morning. No fifth of any kind will be taken away by the department.

"Trailing arbutus is now in bloom and the flower is more than usually plentiful in this vicinity this spring. J. Lawrence Griswold and Oscar Ellwell each secured large clusters of the blossoms on Mount Anthony early this morning. Not only are the flowers plentiful but the foliage is exceptionally luxuriant this season.

The Woman's Foreign Missionary Society of the Burlington and Troy District Association will hold its twenty-eighth meeting in the Methodist Episcopal church of Middlebury Friday the 28. The first session will open 1.15 P. M. Among the papers that will be given will be one by Miss Mary P. Hitchcock, entitled "Review of a Man and His Money." Mrs. W. R. White of North Bennington is president, and Mrs. Merrill Hitchcock of this place is treasurer.

Until further notice the Local running between Bennington and North Bennington will make an extra trip Saturday nights, so that while this service is being tried out, the last car will leave Bennington for North Bennington Saturday nights at 11 o'clock, but if, after a fair trial, it is found that this service does not prove of convenience to a large number of the patrons of the trolley company, and at the same time somewhat relieve the overloads that the last cars occasionally carry, it will be discontinued.

Miss Edna Loomis and Mrs. Sexton go to Troy tomorrow as delegates from the Young Woman's club to attend the meeting of the auxiliary board of the Troy-Pittsfield division of the National League of Women Workers. The National convention is to be held in Pittsfield this year and a trip to Bennington has been planned for Saturday, June 3, and about 500 guests are expected. They will make the trip in a special car and will spend the time here visiting the many interesting places in our town. The Y. W. C. Respeak for these guests the



Six Hundred SUITS

From old quality woolens, colored with old German dyes and at exactly same prices as you paid last year.

\$15 \$18 \$20
\$22 and \$25

HAND TAILORED THROUGHOUT

In this time of tremendously advancing prices when half the world is war-crazy and the other half money-mad we are going right along in our quiet, conservative business way, giving the same qualities and prices as in former years, protecting our public from the excessive price advances and every day gaining new business friends.

THERE WILL BE NO WAR PRICES IN THIS STORE if in our power to prevent.

OTHER SUITS

as low as

\$10

PURE WORSTED

Athletic
Jersies.. **\$2**

CHAS. G. COLE

hearty welcome Bennington can at ways give.

Send your orders to Estes' market tonight for an early delivery Friday. Adv.

Telephone 203 or 204 for your vegetables, fruit, butter, eggs, cheese, and sea food. Adv.

The usual mid week prayer meeting of the Methodist church will be held this evening, conducted by the pastor, subject "Fellowship." Special music will be provided by Frank Center. Prayer is the Christian's vital breath. The Christian's native air. His watchword at the gates of death; He enters heaven by prayer. O Thou by whom we come to God. The Life. The Truth. The Way; The path of prayer itself bath tried? Lord, teach us how to pray.

Tried Various Kidney Remedies But Only One Proved Reliable

It is with great pleasure that I write these lines of praise for your wonderful kidney and bladder remedy. I had kidney trouble so bad I became very much alarmed. I had tried various kidney remedies I heard of but without relief. I was about discouraged of ever being helped, when, one day I picked up a book containing testimonials of people who had been helped and cured of their kidney trouble by the use of Dr. Kilmer's Swamp-Root, so I decided to try it and I know I owe my present good health to the wonderful curative power of Swamp-Root. I sincerely hope my words will be the means of restoring many other sufferers of kidney and bladder troubles to good health.

Very truly yours,
B. J. Fenstermaker,
1491 Roycroft Ave., Lakewood, Ohio.
Personally appeared before me this 18th day of October, 1915, B. J. Fenstermaker, who subscribed the above statement and made oath that the same is true in substance and in fact.
Wm. J. Klotzbach,
Notary Public.

Letter to Dr. Kilmer & Co., Binghamton, N. Y., Prove What Swamp-Root Will Do For You.

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention the Bennington Evening Banner. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.

THE BENNINGTON GARAGE

E. W. Williams, Prop.
Ford, Dodge and Hudson
CARS
Full line of highest grade supply and tires.
Main Street and North Street.

General Housecleaning

We have formed a partnership in general cleaning work, housecleaning, office cleaning, rug and carpet cleaning, furnaces, cellars and anything in that line. Drop us a post card care Adams Hardware Co. or leave word by phone.
GEORGE F. BRADLEY,
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Headquarters For Farm Machinery

Plows

Cambridge, Oliver and Syracuse walking and riding plows.

Harrows

Spring tooth, Disc and Perry wood frame harrows. Also we have added the CLARK CUT-AWAY HARROW Company's goods to our line.

Grain Drills

Empire Jr. and Van Brunt drills, can be furnished with either single or double discs. Two of the most popular and best selling drills on the market.

Farm Wagons

Bottom dump wagons; Page wire fencing and Sewer Pipe.

NOTE:—All lines of farm machinery were advanced April 1st from 10 to 20 per cent. However our selling price will remain the same as last year, until our present stock is sold. We advise anyone considering the purchase of machinery to see us at once as our next lot of goods will cost at wholesale what we are selling for today.

Quality, Service and Satisfaction Guaranteed

Repairs furnished for all makes of machines.

H.W. MYERS & SON (Inc.)

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Spring Suits

JUST RECEIVED

A new line of Spring

Suits that were

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The Advance

Also a new line of

Men's Soft Hats

Shirts, Hosiery, etc.

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